## **Dedications**

From Anita to my mother Virginia Rose Boyd Hawickhorst Gosney who brought love and laughter to so many and is now with the Lord, and to my loving and supportive husband Jim and son Bill.

From Kathy to Bud – great clown, greater mentor and most of all - the greatest of fathers...and to my soul mate John.

From Tammy to my daughters, Tiffany and Lacey, my partner in comedy, Charlie, and my mother, Ruth for supporting all my zany ideas and sharing the laughter.

From Bill to Carol, my loving and supportive wife, who has been my partner in marriage, in life, and in ministry.

## **Special Appreciation**

To Richard Snowberg for teaching us all about caring clowning and for his continuing support



To Shobhana "Shobi Dobi" Schwebke whose life and newsletter reflect the heart of caring clowning

To David Maser for his generous time, talent and spirit in designing the cover for this edition.

To all the clowns who contributed through picture, word and prayer to this edition.

Dedications



## Start Your Journey With Joy

This book came from a clown-like stirring in our hearts to offer joy and hope. To be of service.To give what we have and to share a laugh – which is what clowning is all about.

We longed for simple, practical clarity. To realize the importance of humor and its healing potential. The great joy of hospital clowning is that there is SO much to say, to learn and to celebrate.

Our goal is to offer an overview of basic thoughts and principles of clowning in hospitals. We hope to encourage, enlighten and guide.

May you find for yourself in these pages some of the joy, hope and laughter that your clown character gives so caringly to others.



I serve with joy: I clown

"God has brought me joy and laughter; Whoever hears of this will laugh with me" Genesis 21:6

"There is not much laughter in medicine, but there is much medicine in laughter"

—Bud "Buddy the Clown" Salloum Co-Founder, Edmonton, Canada Caring Clowns



Start with Joy